

Kindergarten Readiness Checklist

Essential Skills for Kindergarten Success *5 - Year Olds*

Personal Independence



- Can use the bathroom independently (wipe, flush toilet, and wash hands).
- Can dress themselves.
- Can open items in their lunchbox or lunchtray and zip/unzip backpacks.

Social & Emotional Development

- Can follow rules, share, and take turns with peers during play and games.
- Can separate from parents without being upset.
- Can sit still, on their bottom, and listen to a story.
- Can follow 1 and 2-step directions.
- Can handle transitions from one activity to the next.
- Can manage impulses, wait for turns, and handle disappointment and being told "stop" and "no".
- Can ask for help when needed.
- Can pause to listen and does not interrupt.

Fine Motor

- Can buckle or velcro shoes/ put on shoes and socks.
- Can zip and unzip backpacks and lunchboxes.
- Can open packed lunch items such as applesauce, chips, and a juice box.
- Can hold a pencil with thumb and fingers (tripod grip).
- Can cut paper with child-safe scissors along a line with a proper grip.

Gross Motor

- Can run, hop, skip, and jump without falling.
- Can sit up on the carpet, still with attention to the speaker.
- Can balance on one foot.
- Can walk up and down stairs, alternating feet with each step.

Math & Numeracy

- Can count from 0 to 10.
- Can represent numbers 0 to 5 using fingers or objects.
- Can use 1 to 1 correspondence when counting items within 5 (touch each item while counting).
- Can recognize basic shapes and colors.

Literacy & Language

- Can recognize some upper and lowercase letters in addition to those in their name.
- Can read their own first and last name.
- Can begin to rhyme words with other words.
- Can speak in complete sentences.

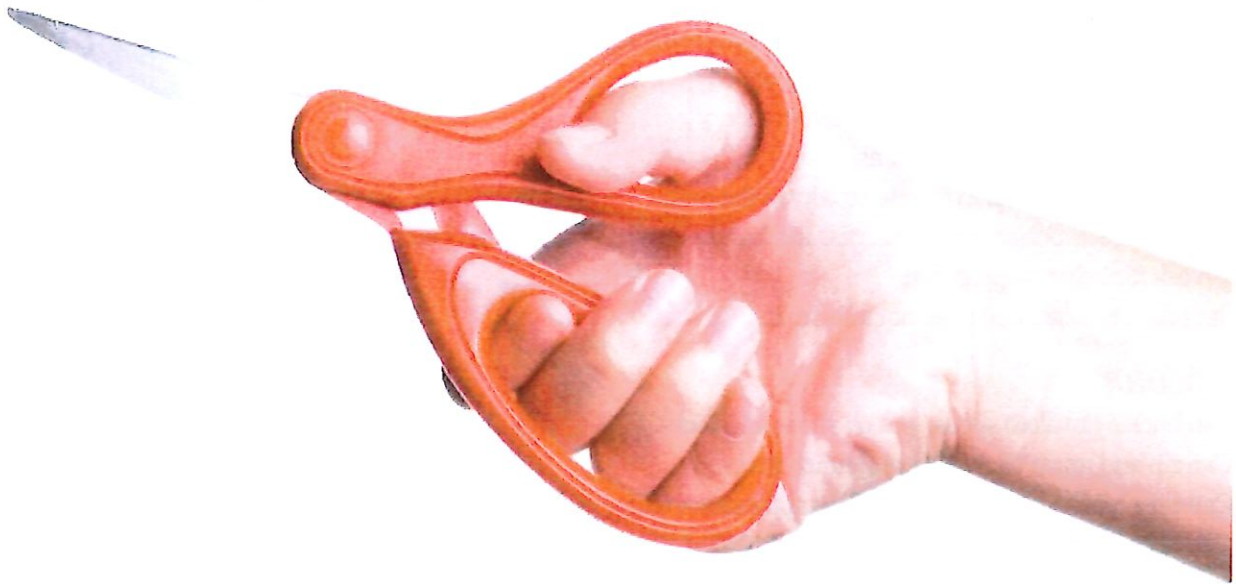
Personal Information

- Can tell you their full name, first and last.
- Can tell you how old they are.
- Can tell you when their birthday is.
- Can tell you their parents' names.
- Bonus*: Can tell you their address and telephone number for emergencies.

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5 - Year Olds

Proper Scissor Grip



Proper Pencil Grip

